



The Sharing Tree

Southern Hills Christian Church (DOC)

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February 18, 2020



ISAIAH 58

THE FAST WE SEEK

This Sunday, February 23, will be Transfiguration Sunday, which marks the conclusion of Epiphany. Be on the lookout for the online poll asking which "R word" from our Epiphany series, best answers the question, "Why Church?" If you would like to answer the question with a word that doesn't begin with the letter R, please make a comment on the social media postings or drop a note in the offering plate.

Wednesday, February 26 at 6 p.m. will be the time of our Ash Wednesday service. In worship we will symbolically lay down the burdens which impede our relationships, while simultaneously making room to claim our identity as children of God. Receiving the sign of the cross, made in ashes upon our skin, we will reflect upon our mortality.

With the onset of Lent, and as we continue studying the Gospel of Mark, you will notice Jesus' ministry is becoming much riskier. Jesus has turned his face toward Jerusalem. Jesus is identified as the Messiah and has committed to challenge the oppressive powers that be. Jesus does not confront the mighty Roman Empire like so many had hoped for and expected, instead, Jesus arrives in Jerusalem on the back of a donkey cheered by crowds of his peasant followers. At the same time Pontius Pilate, the Roman governor, arrives on

the opposite side of town at the head of column of Imperial Calvary and soldiers. The juxtaposition of the peasant procession with the imperial procession could not be clearer. "Pilate's procession embodied the power, glory, and violence of the empire that ruled the world. Jesus' procession embodied an alternative vision, the kingdom of God." (Borg & Crossan, *The Last Week*, p.4). The ways of Jesus and the ways of our world have long been at odds. This Lenten season we will seek to give up the matters which weigh us down or impede relationship, as we seek the Fast God would choose.

Our theme for Lent is, *The Fast We Seek*. Each week we will focus on issues or challenges from which we could fast. As we fast from one thing, we make room for another. As an example, if we fast for 4 hours on Sunday afternoon from Social Media, we make time to go on a walk or spend time with friends or family or in service to the community. All of us have different paths to choose, just as all of us have different issues that get in the way of our relationships. *The Fast We Seek* will be the guiding question this Lenten season for our shared time in worship. Hope to see you there.

Shalom,
Pastor Rob

WWW.SHCCEDMOND.ORG

Pastor's Class

For any children & youth seeking baptism and church membership. Please talk with Rob or Sarah if your child is interested.

- March 1, 1-3pm
- March 8, 1-3pm
- Week of March 22-28, TBD
- April 3, 6:00 pm
- April 5, 1-4pm

OKC Zoo Snooze! - March 6

The Regional Youth Council and Commission for Children, Youth, and Young Adults invites families of all sizes to an overnight at the OKC Zoo. The event will be led by Zoo staff and Regional Youth Council.

- Cost: \$25 per person
- Family of 4: \$80
- Family of more than 4: \$80 + \$20 per additional child/youth

Register on Region's webpage: okdisciples.org

Birth Announcements!

Welcome to **Nathaniel Bridges** born February 3. Proud parents are Christine and Josh Bridges. Proud grandmother, Cheryl Aspy, reports he will be called Nate.

Welcome to **Hudson Tewell** born February 6. Proud parents are Katie and Graham Tewell. Proud grandparents are Carolyn and Tim Lamiell.

IAS Super Bowl Bake Sale

Thank you!

Thank you to everyone who contributed baked goods. And all those who purchased baked goods!

Your contributions raised over \$600 for IAS participants!

Spring Calendars: <http://bit.ly/jan-apr-2020>



Maundy Thursday - April 9, 2020 6:15 pm gathering time, 7:00 pm Service

Mozart Quartet K. 465
"Dissonance"

From dissonance comes harmony, from darkness comes light.

WALKING WITH THE SPIRIT

Have you ever been so discouraged that you considered quitting the Christian life and church? Maybe you have tried to be the kind of person you think God wants you to be; you have allowed time in your daily routine for quiet time with the Lord, during which time you read the Bible and pray. But, still you seem to struggle time after time. So you think you might be missing something, or, that maybe this life isn't all it is cracked up to be. Well, let this be a comfort; Many believers have toiled through periods of defeat.

The secret to living a life of joy, peace, and victory is found in Galatians 5. Notice however I did not say a life without conflict or free of temptation, trial, or heartache. Those are part of the human condition. But, we can triumph through the power of the Holy Spirit.

Today's passage makes it clear how vital it is for believers to live a Spirit-filled life. When you trust Jesus Christ as Savior, he or she is saved and steps from darkness into light. But, believers do not then



Christ caring for people through people

**STEPHEN
MINISTRY**

just stand around. As followers of Christ, we fall in step with the Holy Spirit, who helps us to stay on our feet when we are wobbly, to move uphill without tiring, and to stand again after we have fallen. We rely upon Him as our Guide, Comforter, and source of strength.

Does getting through a defeat feel ore like crawling than walking? Thankfully the Holy Spirit is right with you, and He has all the encouragement and power necessary to get you on your feet again. Our journey with Christ can't be lived alone--- rely upon God's Spirit to escort you each step of the way.

Till next time,
Peace and blessings be upon you,
Sandy Jehle - Stephen Leader

TWO LENTEN DEVOTIONAL OPPORTUNITIES AVAILABLE

The following devotional opportunities are available to choose from and will be available for pick up the evening of Ash Wednesday (2/25):

40-Day "Love Builds Up" Lenten Family Challenge
SALT's "40-Day 'Love Builds Up' Family Challenge" is the perfect way for families of all shapes and sizes to strengthen spiritual muscles and emotional health during Lent. We could all use a little training - and a little practice!

Here's the challenge: For each of the six weeks of Lent, spend some time at the beginning of the week (Sunday night, maybe?) reading that week's Bible passage together. Talk as a family about the suggested topic, using the devotional's optional conversation prompts if you like. Commit to taking on an action or practice for that week - and then just watch as the Realm of God fills, strengthens, and beautifies your house and the world!

This devotional is for you and your family to do on your own. There will be no class for this devotional.

Wendell Berry and the Sabbath Poetry of Lent

The whole earth is at rest, and is quiet: they break forth into singing. + Isaiah 14:7

In this Lenten devotional, biblical texts and simple, accessible practices walk hand-in-hand with Wendell Berry's poetic vision of sabbath and the natural world. All you'll need is your favorite Bible and Wendell Berry's *This Day: Collected and New Sabbath Poems*. Week by week, we'll walk through the woods together toward Easter morning, keeping sabbath as we go - with Wendell Berry as our guide.

Pastor Rob will lead this class on Sunday mornings during a portion of the Sunday School hour (10:20 - 11:00). The class will meet in the chapel and will engage Wendell Berry's Poetry and vision of the Sabbath by reading different poems aloud, as well as scripture before sharing in a time of reflection. Each class will begin and end with 5 minutes of silence. A brief introductory class, to include the reading of Poetry with limited reflection time will take place the evening of February 25, just prior to the Ash Wednesday service (5:55 - 6:25).

WEEK OF COMPASSION

In our church today, you have the opportunity to build something miraculous, to plant seeds of new life. Where God's people have suffered loss, you are invited to invest in the future. When you give to Week of Compassion, your gift travels to places where disaster or poverty has caused great suffering. Through your generosity, we empower communities to grow new kinds of crops in a changing climate; we support youth education and vocational training; we rebuild homes and churches and help provide needed supplies after disasters; and we empower women with skills to support their family and their neighbors. In these and so many other places, we are co-workers in the kingdom of God. Building,

planting, watering...and trusting that God gives growth to all good gifts shared in faith.

While we cannot know the future, we do know that our future depends upon the future thriving of others and that God calls us together as co-workers to bring about a world in which all can thrive. In giving to Week of Compassion, we invest in that shared future, and we trust that through our combined generosity, God will indeed give the growth!

We receive Week of Compassion special offering February 23.

Our deepest sympathies are with Janet Cheatham and family in the death of Janet's husband, Dan Cheatham, on Sunday, February 16. The memorial service will be at SHCC on Friday, February 21 at 11:00 am. Please keep the Cheatham family in your prayers.

THE SEASON OF LENT AT A GLANCE

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| 2/26 - Ash Wednesday (Isaiah 58:1-12, Mark 9:30-37)
Lay Something Down, Pick Something up | The Fast We Seek |
| 3/01 - 1st Sunday of Lent (Mark 10:17-31)
Fasting from Consumerism - When we fast from things we make room for relationship | Intro to The Fast We Seek |
| 3/08 - 2nd Sunday of Lent (Mark 10:32-52)
When we fast from self-serving behaviors we create space for service to others | Fasting from self-serving behaviors |
| 3/15 - 3rd Sunday in Lent (Mark 12:1-12)
When we fast from being right we make room for right-relationships | Fasting from being right |
| 3/22 - 4th Sunday in Lent (Mark 12:28-44)
Fasting from insincerity makes room for worshipping with integrity | Fasting from Insincerity |
| 3/29 - 5th Sunday in Lent (Mark 13:1-8, 24-37)
Fasting from Apathy makes room for Love | Fasting from Apathy |
| 4/05 - 6th Sunday in Lent - Palm Sunday (Mark 11:1-11)
Fasting from Fickleness makes room for authentic relationships grounded in mutuality | Fasting from Empire |
| 4/09 - Maundy Thursday (Mark 14:22-24)
From dissonance comes harmony, from darkness comes light | Mozart Quartet K . 465 "Dissonance" |
| 4/12 - Easter Sunday (Mark 16:1-8)
Fasting from Death Makes room for life | Fasting from Death |

Southern Hills Christian Church
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March 2020

Location Key:

BK Boka Keene
 BV Bradford Village
 C Chapel
 CR Conference Room
 P Parlor

S Sanctuary
 YR Youth Room
 GA Gathering Area
 FH Fellowship Hall
 TR Toddler Room
 WW Worship & Wonder

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 First Sunday in Lent - Fasting from Consumerism 7:30a Free Breakfast (FH) 9:00 Traditional Worship (S) 10:15 Sunday School 11:15 Contemp Worship (S) 3:30 Communion Service (BV)	2 9:00a Tai Chi (GA) 6:00p Plarn Workshop (BK)	3 Newsletter Published 10:30a Plarn Workshop (BK) 7:00p Scouting BSA (FH)	4 10:00a Bible Study (BK) 5:30p Fun & Fellowship (FH) 5:30 Praise Team (S) 7:00 Choir Rehearsal (S)	5 12:00p Overeater's Anon (C) 3:15 Tai Chi (GA) 6:00 Girl Scouts (P)	6 2:00p food prep	7 7:30a Free Breakfast
8 Second Sunday in Lent - Fasting from Self-serving Behaviors 7:30a Free Pancake Brkfst (FH) 9:00a Traditional Worship (S) 10:15 Sunday School 11:15 Contemp Worship (S) 12:30 Little Lambs Lunch & Play 3:00 K-Grade 5 - Sunday Sundaes 3:30 Communion Service (BV)	9 9:00a Tai Chi (GA) 12:00p WOW Book Club 6:00 Pub Theology (The Patriarch) 6:00 Plarn Workshop (BK)	10 Newsletter Deadline 10:30a Plarn Workshop (BK) 6:00p Lectio Divina (C) 7:00 Outreach Cmte. (BK) 7:00 Scouting BSA (FH)	11 10:00a Bible Study (BK) 5:30p Fun & Fellowship (FH) 5:30 Praise Team (S) 7:00 Choir Rehearsal (S)	12 12:00p Overeater's Anon (C) 3:15 Tai Chi (GA) 7:00 Stephen Min. (P)	13 IAS Trip Begins 2:00p food prep	14 7:30a Free Breakfast
15 Third Sunday in Lent -Fasting from Being Right 7:30a Free Breakfast (FH) 9:00a Traditional Worship (S) 10:15 Sunday School 11:15 Contemp Worship (S) 3:30 Communion Service (BV)	16 9:00a Tai Chi (GA) 1:00p Disciple Women 6:00 Plarn Workshop (BK)	17 Newsletter Published 10:30a Plarn Workshop (BK) 7:00p Scouting BSA (FH)	18 10:00a Bible Study (BK) 12:45p Reg. Food Bank 5:30 Fun & Fellowship (FH) 5:30 Praise Team (S) 7:00 Choir Rehearsal (S)	19 12:00p Overeater's Anon (C) 3:15 Tai Chi (GA) 6:00 Girl Scouts (P)	20 2:00p food prep	21 7:30a Free Breakfast IAS Trip Ends
22 Fourth Sunday in Lent -Fasting from Insincerity 7:30a Free Breakfast (FH) 9:00a Traditional Worship (S) 10:15 Sunday School 11:15 Contemp Worship (S) 12:30p Elder's Meeting (P) 3:30 Communion Service (BV) 4:00 Leadership Council (C)	23 9:00a Tai Chi (GA) 6:00p Plarn Workshop (BK)	24 Newsletter Deadline 10:30a Plarn Workshop (BK) 6:00p Lectio Divina 7:00 Scouting BSA (FH)	25 10:00a Bible Study (BK) 12:30p WOW Lunch (TBA) 5:30 Fun & Fellowship (FH) 5:30 Praise Team (S) 7:00 Choir Rehearsal (S)	26 12:00p Overeater's Anon (C) 3:15 Tai Chi (GA) 6:00 Pub Theology (The Patriarch) 7:00 Stephen Min. (P)	27 2:00p food prep	28 7:30a Free Breakfast
29 Fifth Sunday in Lent - Fasting from Apathy 7:30a Free Breakfast (FH) 9:00a Traditional Worship (S) 10:15 Sunday School 11:15 Contemp Worship (S) 3:30 Communion Service (BV)	30 9:00a Tai Chi (GA) 6:00p Plarn Workshop (BK)	31 Newsletter Published 10:30a Plarn Workshop (BK) 6:00p Lectio Divina 7:00 Scouting BSA (FH)				

Southern Hills Christian Church (Disciples of Christ)



*Spirituality
Koinonia
Serving Others
Worship*

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Website: www.shccedmond.org

RETURN SERVICE REQUESTED

Service Times

Sunday 9:00 am - Traditional Service
Sunday 10:15 am - Sunday School
Sunday 11:15 am - Contemporary Service
Sunday 3:30 pm - Communion at Bradford Village

Office Hours

Monday - Thursday, 9:00 am - 3:00 pm

IMPORTANT DATES

- 2/23 - Elder's Meeting - 12:30 pm in the Parlor
- 2/23 - Leadership Council Meeting - 4:00 pm in the Chapel
- 2/26 - WOW Ladies Lunch - 12:30 pm, Location TBA
- 2/26 - Ash Wednesday service - 6:00 pm
- 3/18 - SHCC trip to Regional Food Bank - Leave SHCC at 12:45 for 1:30-4 pm shift
- 3/22 - Elder's Meeting - 12:30 pm in the Parlor
- 3/22 - Leadership Council Meeting - 4:00 pm in the Chapel

ATTENDANCE

Sunday School 2/09	64
9:00 AM Traditional 2/09	117
11:15 AM Contemp. 2/09	48
3:30 PM Bradford 2/09	8
Total Worship 2/09	173

Sunday School 2/16	59
9:00 AM Traditional 2/16	79
11:15 AM Contemp. 2/16	39
3:30 PM Bradford 2/16	8
Total Worship 2/16	163

SHCC STAFF

Interim Minister:	Rev. Dr. Rob Crawford	rob@shccedmond.org
Director of Family Life Ministries:	Rev. Sarah Combs	sarah@shccedmond.org
Family Life Intern:	Morgan Gregory	morgan@shccedmond.org
Director of Choir and Bells:	Lacie Bowlware	lacie@shccedmond.org
Director of Contemporary Music:	Ben Bowlware	ben@shccedmond.org
Director of Communications & Tech:	Chuck Marshall	chuck@shccedmond.org
Church Office Coordinator:	John Greer	john@shccedmond.org
Child Development Center Director:	Suzanne Ray	cdcoffice@shccedmond.org

PRAYERS

Marie Byrkit; Elsie Knight; Alice Smith;
Joe Jones; Ruth Harness; Bud Kahmar;
Julie Kruse; Amber Marcha; Dennis
Marcha; Valerie White; Shirley Bibb;
Mary Lou Pendleton; Roger Holiman;
Dan Cheatham; Marilyn Sykes;
Judy Colclasure; Marilyn Sykes; Kirk
Holiman; Don Wiard; Georgia Shaw