



SOUTHERN HILLS CHILD
DEVELOPMENT CENTER
"A GREAT PLACE TO GROW"



**Parent/Teacher Conferences in
March & April for Children in
Monkeys & Superheroes**

We try to communicate daily with the parents of our children, but sometimes it's important to extend these opportunities. If you have a child in the Monkeys or Superheroes and would like to schedule a time with the teachers, sign up sheets will be available at the classroom's doors. Monkeys will hold their conferences the week of March 5-7th and Superheroes will be in April. We are available to you in the office at any time to talk about any concerns you might have.



Dates to Remember

March 7th	Pizza Day/School T-Shirt Day
March 13th	Pizza Day/School T-Shirt Day
March 18-22	Spring Break

Actions, Not Words
Don't worry that your children never listen to you. Worry that they are always watching you.

Robert Fulghum

Enrollment Update

We have completed summer and fall enrollment. We have a few open spots in a room or two, but mostly we are full. Your enrollment confirmations can be picked up in your child's classroom (or your youngest child's classroom) the week of March 25th.

Immunization Records

Has your child been vaccinated recently or since school has started? We need CURRENT shot records for our files. Please turn all new shot records into our office.



Notes from the beloved Mister Rogers:

Our teachers recently attended a training based off the documentary "Won't You Be My Neighbor" about the life of Mister Rogers. We felt his wisdom should be extended to our CDC Families as well. Here are important quotes we feel could benefit many:

Parent Expectations:

Parents want their children to be good learners and to do well in school, but the pressure for that kind of success seems to be starting earlier and earlier. It is hard to know how much to "push" learning in the early years and how much to trust that children will learn on their own. If we pressure children to learn something before they're ready, they can become anxious, frustrated, and angry, and that can affect their feelings about all kinds of learning. (*The Mister Rogers Parenting Resource Book*, p. 62)

Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. At various times, play is a way to cope with life and to prepare for adulthood. Playing is a way to solve problems and to express feelings. In fact, play is the real work of childhood. (*You are Special*, p. 47)



A lot of the ways that I feel and a lot of the things that I offer have their roots in the care my early caregivers gave to me. (*You are Special: Words of Wisdom for All Ages from a Beloved Neighbor*, p. 41)

"More or Less," "different and same," "top and bottom" - these are some of the basic concepts children need to understand to be ready for learning about letters and numbers in school. When children play and pretend, they're learning those kinds of things in ways that are meaningful to them - much more meaningful than if they're just given fragmented bits of information (like $1 + 1 = 2$) to which they can't relate. When children make mud pies and need "more" water for the right consistency, or need "one more" spoon for pretend party to each stuffed animal can have its own, "more" as a math concept has real meaning. (*The Mister Rogers Parenting Resource Book*, p. 60-61.)

Grown-ups are often puzzled by children's play because we don't fully understand, but a child needs the freedom to play what we don't always understand. (*You are Special*, p. 47)